



SAVE OUR STRAYS OF HUNTINGTON BEACH

Stray News

Issue #45

Summer 2012

SOSHB is a non-profit organization dedicated to improving the lives of lost and stray pets of Huntington Beach.

Pancake Breakfast in the Park 12th Annual Fundraiser – September 29, 2012

It's time again for our annual pancake breakfast! So, bring your family and friends (two-legged and four-legged) to the twelfth annual SOSHB pancake breakfast in Lake Park (*off Lake St. between 11th and 12th Sts.*) from 8:00am to Noon on Saturday, September 29., 2012. Each year proves to be bigger and better than the previous year.

This year, some of our prizes for the opportunity drawing and silent auction include:

- 🐾 A signed lithograph from renowned sea life artist Wyland, called "Dolphin Tales"
- 🐾 An autographed photo of Angels baseball player Vernon Wells (#10)
- 🐾 Theatre tickets
- 🐾 Breakfast at the Hyatt Regency Hotel
- 🐾 Disneyland passes for four
- 🐾 Tickets to Captain Dave's Dolphin and Whale Safari
- 🐾 Gift certificates to Mario's Restaurant, BJ's Brewery, Buca De Beppo, Sandy's Beach Grill, hair salons and much, much more!

Raffle tickets for these terrific prizes will be sold throughout the morning.

There will also be dogs, cats and birds available for adoption from The Bark and Meow Foundation, German Shepherd Rescue of Orange County, The Lily Sanctuary and Greyhound Rescue. If you are looking for a new family member, this might just be the place for you.



Stop by and visit with some of our vendors with great pet related products and services, including Diggity Dawg, HOPE Animal Assisted Crisis Response, JustFoodForDogs, Salt Water Licks, Laura's Natural Images, WagDazzle-The Dog Blog and author Geoffrey Bain.

The cost for all this fun is still only \$7 per person, payable at the "door". Come early to get your raffle tickets, the longer you are there, the better your chances to win one (or more) of the great prizes. For more details, visit our website at www.SaveOurStraysHB.org or email SaveOurStraysHB@aol.com or call 714-442-1446.

Ralphs Grocery "Rewards" - A Great Success

Ralphs Grocery and Save Our Strays have teamed up to raise funds for our cause. The program has been a great success, raising \$123.07 so far in 2012.

All of you who are currently active in the program will remain so until August 31 of each year. Starting September 1, participants will be required to register for the new term at www.Ralphs.com. If you haven't re-registered your card, please do so right away as your donations have not been received by Save Our Strays.

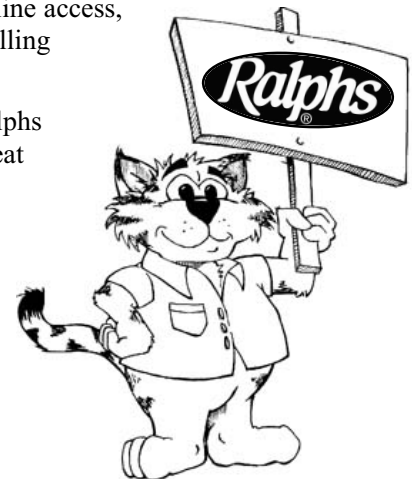
Please don't miss out on this easy fundraising program. All you have to do is shop as you normally would at Ralphs and use your Rewards card with each purchase. A portion of all sales will be donated to Save Our Strays. What could be easier?? To register online, just follow these easy steps:

- Go to www.Ralphs.com
- Click "Services", then click on "School Programs"
- Click on "Community Contributions", then "Learn More"
- Click on "Participant", then "Enroll"
- Be sure to have your Ralphs Reward card available and then register your card with Save Our Strays of Huntington Beach by following the online directions.

If you do not have a Ralphs Reward card, they are available at the customer service desk at any Ralphs store.

If you do not have online access, you can sign-up by calling 1-800-443-4438.

Wags and Purrs to Ralphs for creating such a great community program!



Keeping Your Membership Current

When we mail you your newsletter, we have a date just below your name. If your date is highlighted, it means it's time to renew your S.O.S. membership. Your membership fees helps to cover printing and mailing costs of the newsletter and misc. other fliers throughout the year.

THANKS to our Sponsors & Patrons!

Diamond Sponsor

Franciska Ritchey

Platinum Sponsor

Michael & Josie Wittenberg
Tatiana Freitas

Gold Sponsor

Donald & Ellen Goodwin

Silver Sponsor

Michel & Michael Stec

Sponsor

Barbara Beck
Gerald & Patricia Chapman
Cathy Cook
Susan Hattabaugh
Dava Kurhajian
Connie Mandic
John & Margaret Mazotta
Evelyn Peasley
Lorrie Raia
Linda & Joe Revere

Sponsor (continued)

Sherill Stewart
Barbara Weber
Leah, Peter & Jenifer Weigard

Patron

Mary Jo Baretich
Robert & Dale Case
Danni & James Engle
Gwyn Grenrock
Nancy Harman
Lorraine Healing
Judith Henzie & Jennifer Drescher
June Hood
Deborah Janus
Phyllis Kunishige
Yvonne Meza
James & Lucy Moxom
Anne Navarro
Evelyn Oynebraaten
Catherine Richards & Giulia Nuccitelli
Elizabeth Takeuchi
Ron & Janet Von Freyman
Beverly Wallace

SOSHB Membership Information

Save Our Strays offers numerous membership levels. **To join or renew**, please use the form below. Your membership expiration date appears on the address label of the SOSHB newsletter.

INDIVIDUAL MEMBERSHIP \$15

Includes a year's subscription to *Stray News* and discounts at SOSHB events throughout the year.

FAMILY MEMBERSHIP \$25

Includes a year's subscription to *Stray News* and discounts for the whole family at SOSHB events throughout the year.

PATRON \$50

Patrons receive all the benefits of a Family Membership and are listed in *Stray News* and on the SOSHB website.

SPONSOR

Sponsors receive all the benefits of a Family Membership and are listed in *Stray News* and on the SOSHB website. Four levels of sponsorship exist:

Sponsor	\$100	Gold Sponsor	\$500
Silver Sponsor	\$250	Platinum Sponsor	\$1000
Diamond Sponsor	\$5000		

SOSHB Membership/Order Form

Use this form to pay SOS dues and/or to order shirts & frames.

Membership:

- | | |
|--|--|
| <input type="checkbox"/> Individual \$15 | <input type="checkbox"/> Sponsor \$100 |
| <input type="checkbox"/> Family \$25 | <input type="checkbox"/> Silver Sponsor \$250 |
| <input type="checkbox"/> Patron \$50 | <input type="checkbox"/> Gold Sponsor \$500 |
| | <input type="checkbox"/> Platinum Sponsor \$1000 |

T-Shirts: \$10 member \$15 non-member

Select T-shirt color: White Grey

of shirts requested in each size: ___M ___L ___XL ___XXL

Crewneck Sweatshirts: \$20 member \$25 non-member

of shirts requested in each size: ___M ___L ___XL ___XXL

Available in several shades of pure white.

Hooded Sweatshirt: \$25 member \$30 non-member

of shirts requested in each size: ___L ___XL ___XXL

Available in Westie White, Bichon White or Samoyed White.

Name: _____

Address: _____

City/State: _____ Zip: _____

Email (optional): _____

Phone (optional): _____

Total Amount Enclosed: \$ _____ (Add \$5 per shirt for shipping/handling, or call 714-442-1446 for pick-up.)

Mail this form with your money order or check (payable to SOSHB) to:

Save Our Strays of Huntington Beach
P.O. Box 4083
Huntington Beach, CA 92605-4083

Stray News - Publishing Info

Stray News is published quarterly as a newsletter for members of SOSHB. You may reach *Stray News* at:

Save Our Strays of Huntington Beach
PO Box 4083
Huntington Beach, CA 92605
SaveOurStraysHB@aol.com
www.SaveOurStraysHB.org
(714) 442-1446

Karen Chepeka, Editor
Ann Kennedy, Layout

For article suggestions email
SaveOurStraysHB@aol.com

SOSHB Board of Directors

Karen Chepeka, President
Hank Beach, Treasurer
Anna Monaco, Director
Beverly Wallace, Spay/Neuter Program Director

©2012 Save Our Strays of Huntington Beach

Save Our Strays to the Rescue

On a recent visit to Beach Blvd. Pet Hospital with one of her kitties, President of Save Our Strays, Karen Chepeka, was approached by one of the staff regarding an adorable gray and white, 6 week old, kitten. The kitten had been found wandering in their neighborhood and they were searching for a new home. Knowing that Karen was involved in animal rescue, they were hoping she might know someone looking for a new addition to their home. The kitten was well socialized and just a love bug. The veterinary office had named him Rigsby.

Karen reached out to the rescue community in search of a foster home for this darling. With the help of SOS volunteer Pam Meadows, a suitable foster was found. While on the way to the foster home, Karen stopped by the home of her friend, Rhonda Godbehere, to show her the precious baby. Rhonda, being a feline lover, immediately fell in love with Rigsby. However, before a final decision was made to adopt, she wanted to discuss it with her family.



Rigsby arrived at his foster home a short time later and met another foster kitten there. She was a teeny, tiny, black and white kitten who had been found by a rescuer under the pier in Huntington Harbour. Her back right foot had been severely injured, likely a burn, and was all swollen and had been stitched up by a veterinarian. She was missing the claw in one of her toes. Given all that, she was a feisty little girl and gave Rigsby a piece of her mind. It didn't take long before they were fast friends.

The following day, after discussion with the family, Rhonda was ready to welcome Rigsby into her home. With great anticipation, Karen and Rhonda drove to the foster home to bring home the new addition.

Well, I guess you can figure out what happened from there. Upon meeting the little girl, there was no question that both kittens had a new home with the Godbeheres. It couldn't have been a better result for both these babies and the new family. Rigsby and his new sister, now called Ariel (because she was found under a pier), are enjoying the good life with lots of love and attention. While not all situations turn out this well, we can celebrate the fact that these two were a couple of the lucky ones.

Save Our Strays offered to cover the cost of the spaying and neutering when this pair is old enough, as well as the cost of any ongoing care for Ariel's foot. While her foot may be permanently deformed, you wouldn't know it by way these two tear around their new home.

Is It Normal For My Cat to Vomit?

If you have a cat, you may have accepted frequent vomiting as just one of those things that cats do because they're cats. While there can be many causes, none of them are considered "normal". But how do you know if something is serious or simply something they ate?

What's Causing the Upchuck?

Figuring out why your cat is vomiting frequently is harder than it may seem. That's largely because there are many possible causes. Chronic vomiting can be the result of ulcers, some forms of cancer, gastritis, liver or kidney failure, pancreatitis, inner ear disease, hyperthyroidism, ingestion of foreign objects, bladder obstruction, or feline panleukopenia virus - to name a few. But even seemingly healthy cats can develop frequent vomiting. Food intolerances, eating plants or paper, and ingesting hair can all lead to it.

While it sounds gross, you should note the contents, frequency, time of day, and any association with eating. These observations can help your veterinarian determine the cause or what testing is needed. Vomiting within a few minutes of eating is often regurgitation and slowing your cat's eating is generally the solution.

Another Culprit

After ruling out or treating other causes of gastrointestinal disease, inflammation of the intestines should be considered. What happens is that intestinal walls get thickened, sometimes twice as thick as normal, which can impair absorption of nutrients and cause weight loss in advanced cases. More likely, the intestinal thickening affects the ability of the intestinal walls to contract properly and move intestinal contents from the stomach to the colon. As partially digested food and swallowed hair build up in the intestines, more recently eaten food is vomited.

A study at Alamo Feline Health Center in San Antonio, Texas, showed that intestinal inflammation is a common culprit in vomiting cats. In the study, 94 vomiting cats that had intestinal biopsies performed, only one cat's biopsy was normal. The other 93 cats had significant intestinal inflammation associated with their frequent vomiting.

The two main causes of this inflammation are inflammatory bowel disease (IBD) and lymphoma. Treatment of IBD involves a diet change and anti-inflammatory drugs. In some cases, probiotics and vitamin B12 are prescribed as well. Although not curable, treatment can stop the vomiting and diarrhea, and reverse the weight loss. It's important to address IBD, as the disease can become debilitating and may lead to lymphoma.

Treatment of lymphoma, involving chemotherapy, is more complicated, but can also be successfully treated in many cases. Therefore, letting your veterinarian do the needed biopsies sooner rather than later is strongly encouraged.

Dogs and Dirt-time

from The Uncommon Dog

It's all about you and your dog and brings in a little science and nature as a bonus. It's about dogs, disturbance and dirt-time.

We as humans get upset sometimes. It happens to all of us. We get upset with other drivers, we get upset with our spouses, we get upset with our neighbors, our kids, and yes, even our dogs. For whatever reason, we get upset. Then we come home and hang out with our furry 4-legged friends, and eventually we calm down. Do you ever wonder how that calming down thing happens? Well, our 4-legged friends often download our disturbance into their own bodies because they love us so much. So in effect, they discharge our disturbance for us, and we feel better – and calmer. It's a simple energy exchange (emotion, including any disturbance, is a form of energy).

So then what happens? Well, if your dog (or cat or other pet) doesn't have a way to discharge the energy out of their own bodies, that disturbance doesn't have anywhere to go. No, it doesn't come out as bad behavior in most cases. It actually gets stored in their physical bodies, and over time, if it doesn't get discharged, it can create all kinds of problems – diseases and physical health problems.

So how do you discharge that disturbance from their bodies? It's very simple actually. Take them outside for some dirt-time. Animals, including the most fru-fru, hoity-toity of dogs, are part of nature. They need dirt-time and more than just a squat on the grass to relieve themselves. They need regular outside time to sniff around, roll in the grass, watch squirrels, chase bugs, exercise and just hang out. Even better if you're out there with them, shoes off in the grass or sitting under a tree. Because then you've discharged yourself! The earth is amazing. It can take all the disturbance from ourselves and our animals and completely neutralize it for us. By neutralizing it in this way, all this disturbance doesn't create so much disease in our own bodies or in our dogs' bodies. How cool is that!



ADDRESS CORRECTION REQUESTED